

WATER SPINACH

WE'RE YOUR #1 PROVIDER

Water spinach is often used in stir-fries, soups, stews, and curries in culinary applications. Its spinach-like leaves, long hollow stems, and mild flavor make it a great complement to bold spices and sauces. It's a popular ingredient when its tender leaves and stems add a refreshing crunch.

Water spinach is an exceptional source of Vitamins A & C, Iron, Magnesium, and more.



BENEFITS

- ✓ Uninterrupted, year-round supply from the U.S.
- ✓ Adds a delicate crunch
- ✓ Robust food safety, quality control, and full traceability
- ✓ Exceptional quality, distinctive flavor
- ✓ From your #1 watercress provider

Commercially permitted and licensed to grow and ship

HANDLING

Refrigerate immediately.
Store at 45° F. Keep dry.
Rotate first in, first out.

RECIPES

Recipes available at
bwqualitygrowers.com/recipes



Available
Year-round



Food Safety
Compliant



Naturally Packed for
Maximum Freshness



WORLD'S LARGEST GROWER OF HEALTHY, FLAVORFUL LEAFY GREENS

B&W Quality Growers has been farming responsibly since 1870. We're among the largest growers of distinctive leafy greens, including watercress, arugula, spinach, and water spinach. We've done this with zero product recalls and aim to provide a healthier, more flavorful world using premium leaves in everyday recipes.

空心菜

我們是您的第一供應商

空心菜在烹飪中經常使用翻炒、煮湯、燉菜和加入咖哩的方式。它的葉子像菠菜一樣，長長的空心莖和溫和的味道使其與許多香料和醬汁成為絕佳搭配。空心菜是一種受歡迎的食材，因為它的嫩葉和莖增添了清爽的嘎吱聲。空心菜也是維生素 A 和 C、鐵、鎂等的特殊來源。



好處

- ✓ 全年不間斷
- ✓ 增添響脆的嘎吱聲
- ✓ 絕對可靠的食品安全，可控制的品質，和完全可追溯性
- ✓ 品質卓越，風味獨特
- ✓ 來自您的排名第一的豆瓣菜供應商

獲得商業許可，並獲得種植和運輸許可

處理

立即冷藏。儲存於 45° F。保持乾燥。循環先入先出。

食譜

食譜可在 bwqualitygrowers.com/recipes



世界上最大的種植國 健康、美味的綠葉蔬菜

B&W Quality Growers 自 1870 年以來一直以負責任的方式耕作。我們是特色綠葉蔬菜（包括豆瓣菜、芝麻菜、菠菜和空心菜）的最大種植商之一。我們已經做到了零產品召回，並致力於在日常食譜中使用優質葉子，提供一個更健康、更美味的世界。

PACK SIZE	UNIT/BOX	PLU	GTIN	NET WEIGHT	SHIP WEIGHT	BOX DIMENSIONS	TIERS	CASES/TIER	CASES/PALLET
1 case	loose pack	3162	10611123660117	25 lbs	750 lbs	13.75 x 22 in	6	5	30
1 case	10 count	3162	10611123610075	5 lbs	5 lbs	7.62 x 18.5 in	9	10	90