

EXCEPTIONAL QUALITY. DISTINCTIVE FLAVOR.™



WATERCRESS

MOST NUTRIENT-DENSE FOOD

Watercress is the only food to receive a perfect score from ANDI and the CDC, which means this healthy, flavorful leafy green delivers a potent portion of health benefits. Watercress is packed with over 50 essential nutrients and is naturally low-calorie, fat-free, cholesterol-free, and very low-sodium food. Watercress is globally recognized as a superfood offering a distinctive taste that stands out from the muted flavors of other leafy greens.



Over
50
Essential
Nutrients!

B&W

For over 150 years, B&W has specialized in leafy greens, with a singular focus on quality.

Our varieties are selected for superior flavor and consistent appearance to enhance recipes and your customers' dining experience.

BENEFITS

- ✓ Vivid green color
- ✓ Unique peppery flavor
- ✓ Adds a delicate crunch
- ✓ Special packaging preserves freshness and flavor, and reduces spoilage
- ✓ Versatile - used in a variety of recipes

HANDLING

Refrigerate immediately.
Store at 34° F. Keep dry.
Rotate first in, first out.

RECIPES

Recipes available at
bwqualitygrowers.com/recipes



WORLD'S LARGEST GROWER OF
HEALTHY, FLAVORFUL LEAFY GREENS

WE'RE YOUR #1 PROVIDER

B&W Quality Growers has been farming responsibly since 1870. We're among the largest growers of distinctive leafy greens, including watercress, arugula, spinach, and water spinach. We sustainably grow, pack, and ship the highest quality distinctive leafy greens, providing well-being for our consumers and value for our customers. We've done this with zero product recalls and aim to provide a healthier, more flavorful world using premium leaves in everyday recipes.



Available
Year-round



Food Safety
Compliant



Non-GMO



Naturally Packed for
Maximum Freshness

PACK SIZE	UNITS/ BOX	UPC	GTIN	SHIP WEIGHT	BOX DIMENSIONS	TIERS	CASES/ TIER	CASES/ PALLET
24 count	24	611123110240	00611123110240	18 lbs	18" x 8.5" x 9"	9	10	90
PLU 12 count	12	611123110004	00611123110004	9 lbs	9.25" x 8.5" x 9"	8	20	160

WATERCRESS FRIED RICE



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